



# ***South African Womens Unequipped Powerlifting Record***

**Kristl-Joy Kannemeyer**

**Master I**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**85kg Bench Press**

**Harrie Smith**

President





# ***South African Womens Unequipped Bench Press Record***

**Kristl-Joy Kannemeyer**

**Master I**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**85kg Bench Press**

**Harrie Smith**

President





# ***South African Womens Unequipped Bench Press Record***

**Linda Rubin**

**Master III**

**in the 76kg Division**

**competed on 08 March 2025 in the**

**SA Classic Bench Press Championships 2025**

**42,5kg Bench Press**

**Harrie Smith**

President





# ***South African Womens Unequipped Powerlifting Record***

**Linda Rubin**

**Master III**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**50kg Squat**

**Harrie Smith**

President





# ***South African Womens Unequipped Powerlifting Record***

**Linda Rubin**

**Master III**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**43kg Bench Press**

**Harrie Smith**

President







# ***South African Womens Unequipped Powerlifting Record***

**Linda Rubin**

**Master III**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**80kg Deadlift**

**Harrie Smith**

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President





# ***South African Womens Unequipped Powerlifting Record***

**Linda Rubin**

**Master III**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**173kg Total**

**Harrie Smith**

President





# ***South African Womens Unequipped Bench Press Record***

**Linda Rubin**

**Master III**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**43kg Bench Press**

**Harrie Smith**

President







# ***South African Mens Unequipped Powerlifting Record***

**Madikane Faku**

**Master II**

**in the 120kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**255kg Squat**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Madikane Faku**

**Master II**

**in the 120kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**300kg Deadlift**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Marlon Daniels**

**Master II**

**in the 83kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**251kg Squat**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Marlon Daniels**

**Master II**

**in the 83kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**643,5kg Total**

**Harrie Smith**

President





# ***South African Womens Unequipped Powerlifting Record***

**Mijuane de Wet**

**Junior**

**in the 63kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**160kg Squat**

**Harrie Smith**

President







# ***South African Womens Unequipped Powerlifting Record***

**Mijuane de Wet**

**Junior**

**in the 63kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**75,5kg Bench Press**

**Harrie Smith**

**President**





# ***South African Womens Unequipped Powerlifting Record***

**Mijuane de Wet**

**Junior**

**in the 63kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**175kg Deadlift**

**Harrie Smith**

**President**





# ***South African Womens Unequipped Powerlifting Record***

**Mijuane de Wet**

**Junior**

**in the 63kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**410,5kg Total**

**Harrie Smith**

**President**





# ***South African Womens Unequipped Powerlifting Record***

**Mijuane de Wet**

**Open**

**in the 63kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**160kg Squat**

**Harrie Smith**

President





# ***South African Womens Unequipped Powerlifting Record***

**Mijuane de Wet**

**Open**

**in the 63kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**410,5kg Total**

**Harrie Smith**

President







# ***South African Womens Unequipped Bench Press Record***

**Mijuane de Wet**

**Junior**

**in the 63kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**75,5kg Bench Press**

**Harrie Smith**

**President**



**Affiliated to**



# ***South African Mens Unequipped Powerlifting Record***

**Nathan Michael-Steyn**

**Master I**

**in the 66kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**205kg Squat**

**Harrie Smith**

**President**





# ***South African Womens Unequipped Powerlifting Record***

**Nicole Coopposamy**

**Open**

**in the 84kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**205kg Squat**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Nishalin Govender**

**Open**

**in the 83kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**305kg Deadlift**

**Harrie Smith**

President





# ***South African Womens Unequipped Powerlifting Record***

**Olivia Perotti**

**Open**

**in the 84+kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**225,5kg Squat**

**Harrie Smith**

President







# ***South African Womens Unequipped Powerlifting Record***

**Pia Marangoni**

**Master I**

**in the 76kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**153kg Squat**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Ryan Sutton**

**Sub-Junior**

**in the 93kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**260kg Squat**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Ryan Sutton**

**Sub-Junior**

**in the 93kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**670,5kg Total**

**Harrie Smith**

President





# ***South African Mens Unequipped Bench Press Record***

**Ryan Sutton**

**Sub-Junior**

**in the 93kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**155,5kg Bench Press**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Samuel Teeger**

**Sub-Junior**

**in the 74kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**197,5kg Squat**

**Harrie Smith**

President







# ***South African Mens Unequipped Powerlifting Record***

**Samuel Teeger**

**Sub-Junior**

**in the 74kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**135kg Bench Press**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Samuel Teeger**

**Sub-Junior**

**in the 74kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**245kg Deadlift**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Samuel Teeger**

**Sub-Junior**

**in the 74kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**577,5kg Total**

**Harrie Smith**

President



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# ***South African Womens Unequipped Powerlifting Record***

**Sasha Gadney**

**Open**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**170kg Squat**

**Harrie Smith**

President





# ***South African Womens Unequipped Powerlifting Record***

**Sasha Gadney**

**Open**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**105kg Bench Press**

**Harrie Smith**

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President







# ***South African Womens Unequipped Powerlifting Record***

**Sasha Gadney**

**Open**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**190kg Deadlift**

**Harrie Smith**

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President





# ***South African Womens Unequipped Powerlifting Record***

**Sasha Gadney**

**Open**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**465kg Total**

**Harrie Smith**

President





# ***South African Womens Unequipped Bench Press Record***

**Sasha Gadney**

**Open**

**in the 69kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**105kg Bench Press**

**Harrie Smith**

President





# ***South African Womens Unequipped Powerlifting Record***

**Simone van der Merwe**

**Sub-Junior**

**in the 84+kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**135,5kg Squat**

**Harrie Smith**

President





# ***South African Mens Unequipped Bench Press Record***

**Stanford Thompson**

**Junior**

**in the 120+kg Division**

**competed on 08 March 2025 in the**

**SA Classic Bench Press Championships 2025**

**190kg Bench Press**

**Harrie Smith**

**President**







# ***South African Mens Unequipped Powerlifting Record***

**Stanley Lameyer**

**Master II**

**in the 74kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**220kg Deadlift**

**Harrie Smith**

President



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# ***South African Mens Unequipped Powerlifting Record***

**Stanley Lameyer**

**Master III**

**in the 74kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**220kg Deadlift**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Stiaan du Preez**

**Open**

**in the 105kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**305kg Squat**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Stiaan du Preez**

**Open**

**in the 105kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**805kg Total**

**Harrie Smith**

**President**





# ***South African Mens Unequipped Powerlifting Record***

**Thabang Seloma**

**Open**

**in the 59kg Division**

**competed on 30 March 2025 in the**

**SA Classic Powerlifting Championships 2025**

**200,5kg Squat**

**Harrie Smith**

President

